

Grade Span	Health ESC	Addressed in Grade	Curricular Materials/Assessments/Etc.
K-2	Understand and use basic health concepts to enhance personal, family, and community health.	K, 1,2	P.E., social skills, class meetings, flu season instructions
K-2	Understand and use interactive literacy and social skills to enhance personal, family, and community health.	K,1,2	BASICs nutrition program, social skills, classroom meetings, home nutrition bag, Weekly Reader
K-2	Recognize critical literacy/thinking skills related to personal, family and community wellness.	K,1,2	Red Ribbon Week, dental health, Kindergarten hospital and dental visit, Kindergarten and 2nd grade fire station visit, fire safety (Learn not to Burn), P.E.
K-2	Identify influences that affect personal health and the health of others.	K, 1,2	dental health, Kindergarten hospital and dental visit, Kindergarten and 2nd grade fire station visit, fire safety (Learn Not to Burn), class emergency procedures,
K-2	Demonstrate behaviors that foster healthy, active lifestyles for individuals and the benefit of society.	K, 1,2	BASICs nutrition program, social skills, classroom meetings, home nutrition bag, Weekly Reader. P.E., nutrition unit, Healthy Iowa Klds
3-5	Obtain, interpret, understand and use basic health concepts to enhance personal, family, and community health.	3rd,4th,5th	3rd: DE Science, web sites??? teacher materials 4th: DE Science, Merrill Health, Weekly Reader, Teacher Units 5th: Merrill Health, Growing Up Video, Education City Website, 360 videos, bookflix, Culture Grams, Social Skills, Guidance Class, Literature.
3-5	Utilize interactive literacy and social skills to establish personal family, and community health goals.	3rd, 4th, 5th	3rd: DE Science, web sites??? teacher materials 4th: DE Science, Merrill Health, Weekly Reader, Teacher Units 5th: Merrill Health, Growing Up Video, Education City Website, 360 videos, bookflix, Culture Grams, Social Skills, Guidance Class, Literature, Red Ribbon Week,
3-5	Demonstrate critical literacy/thinking skills related to personal, family, and community wellness.	3rd, 4th, 5th	3rd: DE Science, web sites??? teacher materials 4th: DE Science, Merrill Health, Weekly Reader, Teacher Units 5th: Merrill Health, Growing Up Video, Education City Website, 360 videos, bookflix, Culture Grams, Social Skills, Guidance Class, Literature P.E.
3-5	Recognize that media and other influences affect personal, family and community health.		
3-5	Demonstrate behaviors that foster healthy, active lifestyles for individuals and the benefit of society.	3rd, 4th, 5th	3rd: DE Science, web sites??? teacher materials 4th: DE Science, Merrill Health, Weekly Reader, Teacher Units 5th: Merrill Health, Growing Up Video, Education City Website, 360 videos, bookflix, Culture Grams, Social Skills, Guidance Class, Literature, P.E.
6-8	Demonstrate functional health literacy skills to obtain, interpret, understand and use basic health concepts to enhance personal, family and community health.	6	heart unit, DE science, Learn 360
6-8	Demonstrate functional health literacy skills to obtain, interpret, understand and use basic health concepts to enhance personal, family and community health.	6	genetics chapter in science book, heart unit, websites,Learn 360

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6-8	Utilize interactive literacy and social skills to establish personal, family, and community health goals.	6	social skills curriculum (anti-bullying lessons), guidance lessons
6-8	Apply critical literacy/thinking skills related to personal, family and community wellness.	6	Scholastic News
6-8	Employ media literacy skills to analyze media and other influences to effectively manage personal, family and community health situations.	6	websites, Project Northland anti-drug program
6-8	Demonstrate behaviors that foster healthy, active lifestyles for individuals and the benefit of society.	6	Draw the Line, Live Healthy Iowa, Walk for Diabetes, Jump Rope for Heart ,PE, recess activities, Project Northland anti-drug program
9-12	Demonstrate functional health literacy skills to obtain, interpret, understand and use basic health concepts to enhance personal, family, and community health.	10	Predict influence of risk and protective factors. Describe the interrelationships of the wellness dimensions: physical, emotional, intellectual, environmental, social, sexual and spiritual wellness during adolescence.
9-12	Synthesize interactive literacy and social skills to establish and monitor personal, family and community goals related to all aspects of health.	10	Understand preventive physical and mental health measures, including proper diet, nutrition, exercise, risk avoidance and stress reduction. Explain how family, peers, cultural practices and attitudes influence health.
9-12	Apply critical literacy/thinking skills related to personal, family and community wellness.	10	Evaluate the impact of media, technology, research and medical advances on health. Recognize and reject messages that could lead to bullying or violence.
9-12	Use media literacy skills to analyze media and other influences to effectively manage health risk situations and advocate for self and others.	10	Evaluate healthy and unhealthy alternatives in decision-making. Analyze how information influences health. Determine reliability, accuracy, dependability of health information sources.
9-12	Demonstrate behaviors that foster healthy, active lifestyles for individuals and the benefit of society.	10	Analyze how information from the community, family and peers influences health. Engage in behaviors that promote risk avoidance